Get wise to buying safely

When you buy the equipment that is right for you, it can make a real difference to your quality of life, giving you freedom and independence. Whatever you need, this step-by-step guide is designed to help you make that right choice.

You need to be sure about **what** you need. There may well be so much choice "out there" that the right product for you may not be obvious. So take advice and, if you can, try before you buy. If you need professional help, contact your doctor, who may refer you to an occupational therapist, or for certain equipment recommend a physiotherapist or speech therapist.

You need to know **where** to buy. Again, you'll be spoilt for choice! You can find products in retail shops, stores as well as via mail order and the internet. If you are buying from the internet or via mail order, remember that whilst the prices may be keen, you can't try before you buy, or discuss your requirements face to face. There are two useful website links which can spell out your rights on distance selling, and these are shown on the next page.

Many retailers are members of the BHTA, specialists in what they do, which means that you can buy with confidence because they are governed by their **Code of Practice**, the only one in this industry to be approved by The Chartered Trading Standards Institute. To see/download a copy of the code, please visit the BHTA website at www.bhta.com

Wherever you choose, try to have someone with you, like a friend or relative and do test and try the equipment before committing yourself. BHTA members will guide you through the selection process looking at your current and future needs.

There are consumer exhibitions and shows throughout the year like Naidex, Kidz and Mobility Roadshow, where you can see and compare new products, and get the information you need to make an informed choice. These are listed on the BHTA website (www. bhta.com). You need to know **how** much to pay. It makes sense to spend some time whether you need something as straightforward as a walking stick or a mobility scooter, spending a few pounds or investing thousands. You need real value for money: price is obviously part of it, but so are the quality of service, the assessment of your needs, the guarantees and warranties. Make sure that you understand the Terms and Conditions and the cancellation period (if there is one), should you change your mind or have second thoughts.

If you are disabled, you may not have to pay VAT, so check when you are buying. You may even get equipment **free** from your local council if you are eligible. A scheme runs in some parts of the country, where you can get a voucher or prescription to redeem at an accredited retailer. It could also be worth your while contacting your local council or Primary Health Trust (NHS) as they might have schemes to help. Your local BHTA retailer will guide you through the process.

What to do if things go wrong

Unfortunately sometimes things do go wrong. Hopefully, with common sense and goodwill, matters can be sorted out amicably to everyone's satisfaction before resorting to the law.

If you have bought from a British Healthcare Trades Association company – and there are almost 500 member companies in the UK – you have the reassurance of the Code of Practice. All companies adhere to the Code, which rigorously upholds your interests. It is the only one in the industry to be approved by The Chartered Trading Standards



Institute. Contact us for a copy of the **"Get wise to making a complaint"** leaflet which explains the steps that are involved, if you are dissatisfied with a product or service.

If the company involved is not a BHTA member, you should contact your local Citizens Advice Bureau through www.citizensadvice.org.uk or phone 03454 04 05 06 (03454 04 05 05 Welsh language).

Help is at hand

These are some of the organisations which provide information and advice.

Which?: Impartial advice and in-depth reviews. www.which.co.uk

Grants: Grants are available through local authorities for house adaptations and equipment. The main sources are Disabled Facilities Grant (DFGs) in England, Wales and Northern Ireland; or an Equipment and Adaptations Grant in Scotland. You must apply before buying equipment or starting any work.

DFGs are available to disabled people who own or rent their home. They can also be paid to landlords on behalf of tenants. The grant is means-tested, so the amount paid depends on your income and savings. The authority pays the grant, but has to consult the social services department to find out if you need the adaptation or equipment and whether it will be appropriate for you. The whole process can take some months.

DFGs may be mandatory or discretionary. If the work is essential for you to be able to move around your home, you will be considered for a mandatory

grant. You may qualify for a grant if (for example) your disability makes climbing the stairs virtually impossible, and if you need the stairs to reach an essential facility such as a bathroom.

At the time of publication of this leaflet, the latest information about grants and repair assistance is available at the following web addresses:

- For England, Wales and Northern Ireland www.gov.uk/disabled-facilities-grants
- · For Scotland

www.gov.scot/Topics/Health/Support-Social-Care/ Independent-Living/Equipment-Adaptations

Disabled Living Foundation (DLF): National charity providing independent advice on mobility aids, disability aids, daily living equipment. Certified as a producer of reliable health and social care information. Telephone: 0300 999 0004. www.dlf.org.uk

Living Made Easy: Offering clear, practical advice, this is a website that lets you read reviews of products and add your own comments. www.livingmadeeasy.org.uk

Enabled by Design: Information about well designed everyday products. www.enabledbydesign.org

RICA (Research Institute for Consumer Affairs):

Independent research charity providing free practical and detailed guidance for older and disabled consumers across a wide range of independent living and mobility products. Telephone: 020 7427 2460. www.rica.org.uk

www.bhta.com

British Healthcare Trades Association Office 404 · Tower Bridge Business Centre 46-48 East Smithfield · London · E1W 1AW

Telephone: 020 7702 2141 Email: bhta@bhta.com The BHTA is a trade association with members in healthcare and assistive technology, all of whom commit to the BHTA Code of Practice, the only one in this industry to be approved by The Chartered Trading Standards Institute. BHTA member companies operate to higher standards of customer protection than the law requires.



Better health, better care, better value